

v1

Oder of events

Track & Field 13th April 2019

1500m Start 12pm

Girls U16	1500m
Boys U16	1500m
Girls U20 / Boys 20	1500m

Girls Sprints start 12:20am

Stand side

Girls U10	60m
Girls U12	60m
Girls U14	80m
Girls U16	100m
Girls U20	100m

Finals of above as needed

Boys Sprints start 1:30

Stand side

Boys u10	60m
Boys U12	60m
Boys U14	80m
Boys U16	100m
Boys U20	100m

Finals of above as needed

500m/600m Start 2:45pm

Girls U10	500m
Girls U12	600m
Boys U10	500m
Boys U12	600m

800m Start 3:15pm

Boys U14	800m
Girls U14	800m

400m Start 3:25

Girls U20	400m
Boys U20	400m

Relays Start 3:30pm

Turbo Jav Start 12:15pm

Boys U12
Girls u12

Girls u10
Boys U10

High Jump Start 12:15pm

Boys U14
Boys U16 & U20
Girls U14
Girls u16 & u20

Shot Putt Start 12:30pm

Boys U16 – 4kg
Girls U16 – 3kg

Boys U14 – 2.72kg
Girls U14 – 2kg

Long Jump Start 12:15pm

Boys U10
Girls U10

Boys U12
Girls u12

The times are for guidelines only, events may be moved forwards or back on The day.

3 trials allowed in Shot Putt, TurboJav and Long Jump.

If heats are required in sprints, a minimum of 3 will qualify from each heat in the 1st round